

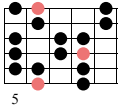
Major Scale Warmup

Pete Cornell

Standard tuning

Start Slow and Build to 100BPM ♩ = 100

Bb Major Scale - Fixed Position



Alternate Picking

el. guit.

3x

Double Picking

3x

Quadruple Picking

3x

3x

Triplet Picking in 3 Variations

1) Alternate Picking DUD - UDU

2) Start each triplet on a down pick DUD - DUD

3) Start each triplet on an up pick UDU -UDU

3x

15 16 3x

TAB: 6-6-6-5-5-5 | 8-8-8-6-6-6 | 8-8-8-7-7-7-5-5-5 | 8-8-8-7-7-7-5-5-5 | 8-8-8-6-6-6-5-5-5 | 8-8-8-6-6-6-5-5-5

Scale in Thirds

17 18 19 20 2

□ V □ V □ V □ V

TAB: 6-8-6-5-8-6-5 | 8-7-5-8-7-8-7 | 5-8-7-6-8-6-5 | 8-6-5-8-6

21 22 23 24 3x

V □ V □ V □ V □

TAB: 6-8-5-6-8-6-7 | 8-5-7-8-5-7-8-5 | 7-8-5-6-8-5-6-8 | 5-6-8-5-6

Up 2 Back 1

25 26 27 28 2

□ V □ V □ V

TAB: 6-8-5-5-6-5-6-8-6-8-5 | 8-5-7-5-7-8-7-8-8-5-5-7 | 5-7-8-7-8-6-6-8-6-8-5 | 8-5-6-5-6-8-6

29 30 31 32 3x

TAB: 6-5-5-8-6-8-6-6-8-7 | 8-7-5-7-5-5-8-7-8-7-5 | 7-5-5-8-6-8-6-5-6-5-8 | 5-8-6-8-6-5-6

Up 3 back 2

33 34 35 36 2

□ V □ V

TAB: 6-8-5-6-5-6-8-5-6-8-6-8-5-7 | 8-5-7-8-5-7-8-7-8-8-5-7-8 | 5-7-8-7-8-6-8-6-8-6-8-5-6-8 | 8-5-6-8-6-6-5-5-8-6-8-6

Skip From the Root